

ADAPTED EVENING PRAYER for Thursday, February 11, 2021

5th Sunday of Ordinary Time

Our Lady of Lourdes

Preparation

- Consider and set your “prayer space”
 - If you are praying alone, consider finding a quiet, prayerful space. If you are praying with your family or other members of a household, consider gathering around a coffee table or dining table.
 - Add optional items that may enhance your prayer if you desire: a small table with a purple cloth, a lit candle, a cross, holy images or statues.
 - You may want to have a journal available to write down reflections or words as you pray.
 - Lighting affects our mood. Consider dimming the lights or using a lamp instead of bright overheads.
- If you are praying in a group, you may want to assign parts to read along with the livestream. This is a great way to keep children engaged. You may want to consider splitting your “group” in half and alternating reading aloud each paragraph.
- Silence cell phones or tend to things that have the potential to disrupt your prayer time.

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Gathering We take a few moments to quiet our hearts.

Introduction

[All make the Sign of the Cross as the leader begins.]

Leader: God, + come to our assistance.

ALL: Lord, make haste to help us.

Leader: Glory to the Father, and to the Son, and to the Holy Spirit.

**ALL: As it was in the beginning, is now, and will be forever.
Amen. Alleluia.**

Hymn

Hail, Queen of the heavens, hail Mistress of earth;
Hail, Virgin most pure of immaculate birth:
Clear star of the morning in beauty enshrined;
O Lady, make speed to the help of mankind.

Thee God in the depth of eternity chose,
And formed thee all fair as his glorious spouse,
And called thee his own Word's true Mother to be
By whom he created the earth, sky, and sea.

Hail, Mother most pure, hail, Virgin renowned,
Hail, Queen with the stars as a diadem crowned;
Above all the angels in glory untold,
Set next to the King in a vesture of gold.

These praises and prayers we lay at thy feet,
O Virgin of virgins, O Mary most sweet:
Be thou our true guide through this pilgrimage here,
And stand by our side when our death draweth near.

Psalm Psalm 30: Thanksgiving for rescue from death

Leader: I cried to you, Lord, and you healed me; I will praise you forever.

I will praise you, Lord, you have rescued me
and have not let my enemies rejoice over me.

O Lord, I cried to you for help
and you, my God, have healed me.

O Lord, you have raised my soul from the dead,
restored me to life from those who sink into the grave.

Sing psalms to the Lord, you who love him,
give thanks to his holy name.
His anger lasts a moment; his favor all through life.
At night there are tears, but joy comes with dawn.

I said to myself in my good fortune:
'Nothing will ever disturb me.'

Your favor had set me on a mountain fastness,
then you hid your face and I was put to confusion.

To you, Lord, I cried,
to my God I made appeal:
'What profit would my death be, my going to the grave?
Can dust give you praise or proclaim your truth?'

The Lord listened and had pity.
The Lord came to my help.
For me you have changed my mourning into dancing,
you removed my sackcloth and clothed me with joy.
So my soul sings psalms to you unceasingly.
O Lord my God, I will thank you for ever.

Glory to the Father and to the Son,
and to the Holy Spirit:
***ALL: as it was in the beginning, is now,
and will be forever. Amen.***

ALL: I cried to you, Lord, and you healed me; I will praise you forever.

Silence We sit in sacred silence for a few moments to allow our hearts to listen to the voice of the Spirit.

Psalm-prayer

Leader: Lord, hear our cry and save us. We weep in the evening as if our Lord were asleep, but let us rejoice in the morning as he is raised up among us. Rescued from sadness and clothed in rejoicing, may we gloriously sing your praises forever. We ask this through Christ, our Lord.

ALL: Amen.

Psalm Psalm 32: The joy of the forgiven

Leader: *The one who is sinless in the eyes of God is blessed indeed.*

Happy the man whose offence is forgiven,
whose sin is remitted.

O happy the man to whom the Lord
imputes no guilt,

in whose spirit is no guile.

I kept it secret and my frame was wasted.

I groaned all day long,
for night and day your hand
was heavy upon me.

Indeed my strength was dried up
as by the summer's heat.

But now I have acknowledged my sins;
my guilt I did not hide.

I said: 'I will confess
my offence to the Lord.'

And you, Lord, have forgiven
the guilt of my sin.

So let every good man pray to you
in the time of need.

The floods of water may reach high
but him they shall not reach.

You are my hiding place, O Lord;
you save me from distress.

You surround me with cries of deliverance.

I will instruct you and teach you
the way you should go;

I will give you counsel
with my eye upon you.

Be not like horse and mule, unintelligent,
needing bridle and bit,
else they will not approach you.

Many sorrows has the wicked
but he who trusts in the Lord,
loving mercy surrounds him.

Rejoice, rejoice in the Lord,
exult, you just!

O come, ring out your joy,
all you upright of heart.

Glory to the Father and to the Son,
and to the Holy Spirit:
***ALL: as it was in the beginning, is now,
and will be forever. Amen.***

ALL: The one who is sinless in the eyes of God is blessed indeed.

Silence

Psalm-prayer

Leader: You desired, Lord, to keep from us your indignation and so did not spare Jesus Christ, who was wounded for our sins. We are your prodigal children but confessing our sins we come back to you. Embrace us that we may rejoice in your mercy together with Christ your beloved Son. We ask this through Jesus Christ, our Lord.

ALL: Amen.

Canticle Revelation 11: The judgment of God

Leader: *The Father has given Christ all power, honor, and kingship; all people will obey him.*

We praise you, the Lord God Almighty,
who is and who was.
You have assumed your great power,
you have begun your reign.

The nations have raged in anger,
but then came your day of wrath
and the moment to judge the dead:
the time to reward your servants the prophets
and the holy ones who revere you,
the great and the small alike.

Now have salvation and power come,
the reign of our God and the authority
of his Anointed One,
For the accuser of our brothers is cast out,
who night and day accused them before God.

They defeated him by the blood of the Lamb
and by the word of their testimony;
love for life did not deter them from death.
So rejoice, you heavens,
and you that dwell therein!

Glory to the Father and to the Son,
and to the Holy Spirit:

***ALL: as it was in the beginning, is now,
and will be forever. Amen.***

***ALL: The Father has given Christ all power, honor, and kingship; all people will obey
him.***

Short Reading Galatians 4:4-5

When the appointed time came, God sent his Son, born of a woman, born a subject of the Law, to redeem the subjects of the Law and to enable us to be adopted as sons.

Reflection

Short Responsory

Hail Mary, full of grace: the Lord is with you.

ALL: Hail Mary, full of grace: the Lord is with you.

You are most blessed of all women and blessed is the fruit of your womb.

ALL: Hail Mary, full of grace: the Lord is with you.

Glory be to the Father and to the Son and to the Holy Spirit.

ALL: Hail Mary, full of grace: the Lord is with you.

Canticle Magnificat: My soul rejoices in the Lord

Leader: *You are the most blessed of all women, and blessed is the fruit of your womb.*

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior;
for he has looked with favor on his lowly servant.
From this day all generations will call me blessed:
the Almighty has done great things for me,
and holy is his Name.

He has mercy on those who fear him
in every generation.
He has shown the strength of his arm,
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the lowly.
He has filled the hungry with good things,
and the rich he has sent away empty.

He has come to the help of his servant Israel,
for he has remembered his promise of mercy,
The promise he made to our fathers,
to Abraham and his children for ever.

Glory to the Father and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen.

ALL: You are the most blessed of all women, and blessed is the fruit of your womb.

Prayers and intercessions

Leader: Let us praise God the Father who chose Mary as the mother of his Son and
wanted all generations to call her blessed. With confidence we pray:

– ***May the Virgin Mary intercede for us.***

Father, you did great things for the Virgin Mary and brought her, body and soul, to the
glory of heaven; fill the hearts of your children with the hope of Christ's glory.

– ***May the Virgin Mary intercede for us.***

Through the prayers of Mary, our mother, heal the sick, comfort the sorrowful, pardon
sinners; grant peace and salvation to all.

– ***May the Virgin Mary intercede for us.***

You favored Mary with the fullness of grace; bestow on all men your overflowing
blessings.

– ***May the Virgin Mary intercede for us.***

May your Church be united heart and soul, held fast by love,
and may your faithful be joined in continuous prayer, with Mary the mother of Jesus.

– ***May the Virgin Mary intercede for us.***

Father, you exalted the Virgin Mary and crowned her queen of heaven;
may the dead enter your kingdom and rejoice with your saints forever.

– ***May the Virgin Mary intercede for us.***

Leader: For what else shall we pray? (Type your intentions in the comments section.)

And for these, we pray,

– ***May the Virgin Mary intercede for us.***

The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

Prayer

Leader:

Lord of mercy, as we keep the memory of Mary, the immaculate Mother of God,
who appeared to Bernadette at Lourdes:

grant us through her prayer
strength in our weakness
and grace to rise up from our sins.

Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, forever and ever.

ALL: Amen.

Dismissal

Leader: May the Lord bless us, and keep us from all evil, and bring us to everlasting life.

ALL: Amen.

Leader: Let us go forth wishing each other peace.